

Dance and Competitive Gymnastics Schedules

School Age Dance: 5 years and older Gym'n Jazz

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Tuition
3:30-4:30pm Gym'n Ballet/Jazz 5 years old		3:30-4:30pm Gym'n Jazz 6 years old			10:00-11:00am Gym'n Jazz 6/7 years old	Gym'n Jazz 5 to 9 years old \$55.00/month (1 hour/week)
4:00-5:00pm Gym'n Ballet/Jazz 6 years old	4:30-6:00pm Competitive team floor/beam Choreography (Carissa Gowe)	4:00-5:00pm Gym'n Jazz 7/8 years old		4:00pm-5:30pm Interclub Floor/Beam Choreography (Carissa Gowe)		
4:30-5:30pm Gym'n Jazz 7 years old		4:30-5:30 Gym'n Jazz 5 years old				
6:00-7:00pm Interclub Choreography (Carissa Gowe)						

Pre-School Dance: 3 and 4 years old Gym'n Jazz

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Tuition
					10:30-11:15am Gym'n Jazz	\$45.00/month

Interclub: (Advanced Recreational) Developmental and Competitive Gymnastics: (By Invitation)

Mon	Tues	Wed	Thurs	Fri	Sat	Tuition
5:30-7:00pm Interclub		5:30-7:00pm Interclub		3:30-6:30pm Interclub (FULL)		Interclub (3 hours/ week) \$120.00/ month
	3:30-5:30pm Developmental (5-7 years old)					Developmental \$90.00/ month (2 hours/ week)
	3:30-6:30pm Provincial 1		3:30-6:30pm Provincial 1			Provincial 1 6 hours/ week \$170.00/ month
	3:30-7:30pm Provincial 2		3:30-6:30pm Provincial 2	4:30-6:30pm Provincial 2		Provincial 2 10 hours/ week \$190.00/ month



FitKidz also offers private Birthday Parties on Saturdays at 1:00pm-3:00pm or 3:30pm - 5:30pm Call: 250-809-5348

Parties on Sundays can be booked through Par-T-Perfect.



For more info please call Becky at 250-487-9990



2011-2012 Gymnastics Season

TERM 2:

Feb 4th to June 23rd

I'M POSSIBLE

A gymnastics club is like a fitness center for kids - a safe place where they participate in fun and entertaining activities that serve as the beginning of healthy lifestyle habits that will last for a lifetime.

CONTACT AND LOCATION:

#100-1363 Commercial Way

Penticton, B.C.

Phone: 250-809-KFIT (5348)

www.fitkidzcan.com

Recreational Gymnastics Class Schedules

NEW!! Fully structured Special Needs Gymnastics Classes - Friday 1:00-2:00pm
 ABC Gymnastics KIDZ Drop In!! Ages 3-5yrs. Wed 9:00-11:00
 Trampoline Classes!! Mon, Tues and Fri

Please note that all members are subject to an annual \$25
 B.C Gymnastics Membership and insurance fee to be paid
 separate with your child's registration.

Pre-School Gymnastics: 3 and 4 years old ABC Gymnastics Kidz / Monkey Business/ Rhythmic Gymnastics / Parent and child Drop In

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Tuition
		9:00-11:00am ABC GymnasticsKIDZ 3-4 years old (No parent partici- pation required)			9:30-10:30 Monkey Business 1 and 2 (3 and 4) years old	ABC Gymnastics Kidz Drop -in \$15.00/day Monkey Business 1 \$45.00/month
1:15-2:00pm Trampoline Classes	9:30-11:00am Drop-In 11:30-12:15pm Trampoline Classes	9:15-10:00am Monkey business 1 3 years old		9:00-12:00pm Drop-In 12:15-1:00pm Trampoline Classes		Drop-In Gymnastics \$5.00/visit Trampoline \$45.00/month
3:30-4:30pm Monkey Business 2 4 years old	1:15-2:15pm Monkey Business 2 4 years old	1:15-2:15pm Monkey Business 2 4 year olds				Monkey Business 2 \$55.00/month (1 hour/week)
4:30-5:30pm Monkey Business 2 4 years old		4:30-5:30pm Monkey Business 2 4 years old				

School Age Gymnastics: 5 years and older Gym Rec'd / Teen Drop In /Special Needs

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Tuition
3:30-4:30pm or 4:30-5:30pm Gym Rec'd 5-11 years old		3:30-4:30pm) or 4:30-5:30pm Gym Rec'd 5-11 years old		3:30-4:30pm Gym Rec'd 5-11 years old	9:30-10:30 or 10:30-11:30 Gym Rec'd 5-11 years old	Gym'Rec'd 5-11 years old \$55.00/month (1 hour/week) (ages will be divided into groups
4:00-5:00 (5-7) Or 5:00-6:00 (8-9) or 6:00-7:00 (9 & up) Trampoline					9:30-10:15 (4 -6) 10:15-11:15am (7 & older) Trampoline	4-6 years \$45.00/month (45 min.week) 7 and older \$55.00/months (1 hour/week)
7:00-8:30pm Adult/Teen Drop -In Structured				Special Needs Gym- nastics 1:00-2:00pm (Angela Carlow)		\$8.00/Visit Special Needs Gym \$55.00/month 1 hour/week

Class	Length	Cost	1 Month	5 Months	10 Months
Pre School Drop In	1.5 Hrs	\$5.00 per visit			
Teen and Adult Drop In	1.5 Hrs	\$8.00 per visit			
Monkey Business 1	45 Mins		\$45	\$225	\$450
Monkey Business 2	60 Mins		\$55	\$275	\$550
Gym Rec'd	60 mins		\$55	\$275	\$550
Interclub	180 mins		\$120	\$600	\$1200
Develop- mental (Pre-Team)	120 mins		\$90	\$450	\$900
Gym / Jazz Pre-School 3yrs Old	45 mins		\$45	\$225	\$450
Gym / Jazz Pre-School 4-5 yrs old	60 mins		\$55	\$275	\$550
Gym / Jazz 6-8 yrs old	60 mins		\$55	\$275	\$550

January 2012

Rhythmic Gymnastics Pre-School 3-4 yrs old	30 mins		\$35	\$175	\$350
Rhythmic Gymnastics Pre-School 5-7 yrs old	45 mins		\$45	\$225	\$450
Rhythmic Gymnastics Pre-School 8-11 yrs old	90 mins		\$70	\$350	\$700
ABC Gymnastics Kidz	120 mins	Drop In \$15 / Child			

